



## SHARP Products

### Sexual Health Training for educators, leaders, and health care providers

#### Self study courses

- Navy and USMC HIV Policy
- Sexual Health Primer
- SHARP HIV-AIDS Facts Quiz

#### 2-day resident course

- Fundamentals of HIV-STD Prevention Counseling

#### In-service lecture / self-study

- Sexual Risk Assessment and Intervention in the Outpatient Setting

All approved for  
continuing education credit

### Ready-to-Use Presentations

- SHARP Program Overview
- HIV Seroconversion in the DoN
- Your Sexual Health
- HIV in The Workplace

All free, fully-scripted PowerPoint files  
available on-line

### SHARPNews newsletter

Weekly electronic newsletter keeps  
registered SHARP instructors up to  
date. Back issues on-line.

### SHARPFacts fact sheets

Twenty fact sheets on sexually  
transmitted diseases, unplanned  
pregnancy, and risk reduction.  
All free and on-line.

### SHARP Toolbox Compact Disk

SHARP website on a compact disk.  
All registered SHARP Instructors  
receive a copy.

### Other SHARP Tools

- On-line access to pertinent DoD and DoN policy and guidance on HIV, STDs, and pregnancy
- Monograph on condom access in the DoN
- Data on HIV and unplanned pregnancy among active duty Sailors and Marines
- Free Navy/USMC sexual health videotapes
- Free sexual health posters



## Navy Environmental Health Center



## Sexual Health and Responsibility Program (SHARP)

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**“Chart a Safe Course”**

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## SHARP Mission, Vision, and Goal

**Mission:** Provide DoN members and family members with health information, education, and behavior change programs for the prevention of sexually transmitted diseases, including HIV, and unplanned pregnancy.

**Vision:** A DoN cultural norm in which sexual responsibility and safety is encouraged, supported, and expected, and a population in which all pregnancies are planned, Syphilis is eliminated, and other STDs, including HIV are prevented.

**Goal:** Reduce the occurrence of HIV, STDs and unplanned pregnancy among DoN members and beneficiaries to levels specified in the Healthy People 2010 Objectives.

## SHARP Objectives

- Provide information and education programs on the prevention of HIV-STDs.
- Implement programs that promote positive behavior changes and responsible decision-making regarding human sexuality.
- Design programs targeting those persons whose behavior puts them at high risk of infection, such as patients in STD clinics, persons referred to drug and alcohol treatment programs, and family planning clinic patients.
- Provide programs for health-care personnel to assess patients' understanding and risk behaviors and effectively communicate this information to patients.



## Navy and USMC HIV-STD Education Requirement

HIV instruction for active duty Navy and Marine Corps personnel is required annually. Other groups identified at increased risk of exposure to HIV and other sexually transmitted diseases (STD) will receive additional focused counseling by appropriate professionals. HIV instruction will also be available to civilian employees



## SHARP Roles

### Commanders and Agency Heads

- Provide annual, one-hour HIV education to all-hands, (including new civilians during orientation) as required by SECNAV NOTICE 5300 and MCO P1700.29
- Provide additional HIV education to other groups identified at increased risk of exposure to HIV, as required by SECNAVINST 5300.30C

### NEHC SHARP Program

- Provide education programs to increase HIV-STD prevention knowledge and skills, and promote behavior changes that reduce the risk of exposure
- Design and provide sexual health training for leaders and health care professionals
- Promote development of appropriate training materials for use by leaders and health care professionals

- Establish a network of SHARP Community Leaders who advocate SHARP and recruit new SHARP Instructors
- Keep Leaders and Instructors informed of epidemiological, medical, and administrative changes
- Coordinate with research, administrative, and policy making bodies on sexual health issues

### SHARP Community Leaders

- A "community" may encompass a base, command, ship, deployed force, or any other group, as determined by the volunteer Community Leader
- Local advocates of sexual responsibility and sexual health education for Sailors, Marines, and families
- Promote the SHARP mission and SHARP products and partner with local line and medical leaders, Command health promoters, volunteer instructors, preventive medicine and health promotion professionals, *Semper Fit* program managers, PPIP coordinators, indoctrination program coordinators, women's health programs, and other community leaders and groups
- Support SHARP Instructors within their Community
- Report the number of classes conducted and participants attending these classes to SHARP on a quarterly basis

### SHARP Instructors

- Complete the SHARP self-study course "Navy and USMC HIV Policy"
- Register as SHARP Instructor
- Continue to expand their understanding of sexual health through training such as SHARP self-study courses, resident courses, and lectures
- Use factual information to promote sexual responsibility, increase personal skills and promote behavior changes that decrease risks among Sailors, Marines, and family members
- Report education workload data to SHARP or their community leader after each class